

# Spiritual Accompaniment Course 2018-19 Information Sheet

Spiritual accompaniment in the Ignatian tradition is based on the assumption that God is present and active in our lives and that through reflection and prayer we can become more sensitive to this presence. It is often in our deeper conversations with others that this awareness comes to the surface.

## Purpose of the course

The Spiritual Accompaniment (Direction) Course is intended for those who wish to explore the skills and gifts of accompanying others on their faith journey. It is based in the Ignatian tradition, drawing its inspiration from the Spiritual Exercises of Ignatius of Loyola. As a broad-based course it is expected that participants will find different uses for what they learn – for example, informal spiritual conversation, prayer guiding, general use in ministry/life, beginning to offer spiritual accompaniment (direction). A significant part of the course will involve ongoing discernment for each person about whether, and in what ways, they are called to accompany others in faith.

## Topics covered in the course

Module 1: Developing a Beneficial Relationship (Supervision)

Module 2: The Transforming Work of the Spirit (Discernment)

Module 3: Standards of Practice (Codes of Behaviour)

Module 4: Spiritual Pastoral Applications.

## Methods of Learning

- Personal prayer and reflection
- Input from the team
- Small and plenary group sharing
- Listening and observation in small groups (e.g. Triads)
- Guided reading with written reflection
- One written assignment for each module.
- Ongoing self-assessment and discernment with a course tutor

Participants are expected to be developing a practice of spiritual accompaniment. This means accompanying two or three people regularly in their spiritual journey throughout the year so as to be able to apply course learning and reflect about practice in the supervision group which forms part of the training.

## Applicants should have completed:

- Growth in Prayer and Reflective Listening Course as offered by ISC or Epiphany Group OR made the Full Spiritual Exercises (in Daily Life or over 30 Days)
- The Spiritual Conversation Course as offered by the ISC or Epiphany Group

Spiritual Accompaniment Participants are expected to be receiving ongoing spiritual accompaniment (direction) during the course and preferably to have had experience of making an individually guided retreat.

Times and Attendance: The course will run monthly from 10.00 - 16.00 on Saturday and 14.00 – 18.30 on Sunday. Given the nature of the course, which includes group work and experiential training, a high degree of attendance is expected from participants. If for any good reason participants are prevented from attending a session, materials will be sent by e-mail. Where possible participants are helped by meeting with another member of the group to discuss that material.

## Financial Information

The suggested donation for this course is £695 (£70 deposit on acceptance) It can be paid in stages.

Bursary funding or a grant may be available

- *early application recommended*

For further information please contact the ISC on

0141 354 0077 or [admin@iscglasgow.co.uk](mailto:admin@iscglasgow.co.uk)

Dates	2018	2019
Sept	29 & 30	Jan 26 & 27
Oct	27 & 28	March 2 & 3
Nov	24 & 25	March 23 & 24
Dec	8 & 9	April 27 & 28
		May 11 & 12
		June 9



**Ignatian Spirituality Centre**

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[Booking Form](#) or go to

<https://goo.gl/forms/JhuiRk7QgEuOAOKQ2>