

# Oasis Days for Clergy

## Seeking the Fuller Life – Oasis Days for Those in Ministry

Seeking sustenance and encouragement in the heart of a busy life in ministry through prayer and reflection, refreshment and conversation with others.



Photo by [Benjamin Gremler](#) on [Unsplash](#)

Being in ministry and following God's call gives enormous purpose and joy.

Celebrating the liturgy, leading worship, preaching, serving the community, seeking God's vision and purposes, getting to know people in the significant moments in their lives, working in schools, praying with others, caring for those in need, enabling Christian communities to grow and flourish—these are examples of what makes ministry fulfilling and a privilege.

The realities of life mean we will all experience times of stress, conflict, pain and suffering, whether in our private lives, our working lives or both.

Whatever our circumstances, when we have a lot on our plate, our need for pastoral self-care may feel counter-intuitive. But when self-care continually slips down our "To Do" list, something deep inside slowly dissipates and that something is usually our vitality and joy. We begin to affect those around us and we can find ourselves a long way from living the full and satisfying life God desires for us.

*"I came that they might have life and have it abundantly."*

The 6 sessions throughout 2023-24 will be led by:

### **Fr Gerard Mitchell SJ**

Gerard Mitchell is a Jesuit. He is parish priest of St Aloysius, Garnethill, Glasgow. He was previously parish priest in Brixton, Wimbledon and Southall and prior to that taught in Jesuit schools in Wimbeldon, Enfield and Glasgow.

### **Mrs Joan Kilpatrick**

Joan is a trained spiritual accompanier as well as the part-time secretary at the ISC. She is a Reader in the Church of Scotland and is part of the Pastoral Support Team in Glasgow Presbytery.

**Dates:** Monthly on the 3rd Tuesday, 2-4pm —19th September, 17th October, 21st November, 2023, 20th February, 16th April, 18th June 2024

The number of places available is limited to 12

**Suggested Donation:** £120, £20 per session, or, £100 if booked in advance