



Ignatian Spirituality Centre

Glasgow

**lentretreat.uk**

## **Meeting eight: Easter Week**

**Welcome:** We suggest beginning with tea/coffee and biscuits while people gather and are welcomed.

**Opening Prayer:** Take a couple of minutes of quiet prayer to ask God to be with you during the meeting. Pray that God might speak to the heart of each person in the group.

**Sharing:** Ask each individual to go over their prayer times this week; give them a moment to consult their journal.

You might ask them:

- How did you find praying the daily Scripture or the other meditation?
- Did anything surprise you?
- Did any of the Scripture passages or other meditations have any special meaning for you?
- How did you feel over the week?
- What is God saying to you? Is God asking anything of you?

This being our last meeting it would be good to look back over the whole of the retreat and ask,

“What was the most significant thing for me during the retreat?”

“What is God’s message for me?”

“What grace or gift have I been given over these last eight weeks?”

You might also like to ask what the group has gained as a group.

Is there anything that the group feel they ought to do as a group?  
Has the group been encouraged into action in any way?

**Thank you for following this retreat. We hope it was fruitful for you.**