

Scripture

Matthew 17:1-8 NCB

Jesus took Peter and James and his brother John and led them up a high mountain by themselves. And in their presence he was transfigured; his face shone like the sun, and his clothes became dazzling white. Suddenly, there appeared to them Moses and Elijah, conversing with him.




Photo: Tom de Decker - Unsplash

Then Peter said to Jesus, “Lord, it is good for us to be here. If you wish, I will make three tents here² one for you, one for Moses, and one for Elijah.” While he was still speaking, suddenly a bright cloud cast a shadow over them. Then a voice from the cloud said, “This is my beloved Son, with whom I am well pleased. Listen to him.” When the disciples heard this, they fell on their faces and were greatly frightened.

But Jesus came and touched them, saying, “Stand up, and do not be frightened.”

And when they raised their eyes, they saw no one, but only Jesus.

Thought for the Day

The transfiguration of Jesus made no sense to the disciples until after the resurrection. Most of us experience things which only later on in life we can make sense of. Looking back on your life, have you had experiences that seemed painful or difficult to understand, but maybe have made you more understanding of others, less judgemental, more open? Even unpleasant experiences can have positive outcomes in later life.

Ask Jesus to make sense of your confusing experiences or show a positive side to what appeared negative in the past.