

Spiritual Conversation Course 2022-23 Information Sheet

Spiritual accompaniment in the Ignatian tradition is based on the assumption that God is present and active in our lives and that through reflection and prayer we can become more sensitive to this presence. It is often in our deeper conversations with others that this awareness comes to the surface.

Purpose of the course

The Spiritual Conversation Course is a complete course in itself. It is intended to enhance listening skills and **awareness of God's presence in the many contacts and conversations we have in our day to day lives. It is based** in the Ignatian tradition, drawing its inspiration from the Spiritual Exercises of Ignatius of Loyola. As a broad-based course it is expected that participants will find different uses for what they learn. A significant part of the course will involve ongoing discernment for each person about whether, and in what ways, they are called to accompany others in faith.

Topics covered in the course

Module 1: Listening Skills.

Module 2: Personal Prayer – Ways of Praying

Module 3: Ignatian Discernment.

Module 4: The practice of Spiritual Conversation in daily life.

Spiritual Direction/Accompaniment

Participants are expected to be receiving ongoing spiritual direction/accompaniment during the course and preferably to have had experience of making an individually guided retreat.

Methods of Learning

- Personal prayer and reflection
- Input from the team
- Small and plenary group sharing
- Listening and observation in small groups
- Guided reading
- One written assignment for each module.
- Ongoing self-assessment
- Regular meetings with a tutor

Regular informal spiritual conversation with one or two people through the year will be a helpful and significant part of the course. This will be explained at interview and/or at the beginning of the course.

Times and Attendance:

Saturdays 09:30 - 14:30 (inc. 30 minutes for lunch)
Sundays 14:00 - 17:30.

Given the nature of the course, which includes group work and experiential training, a high degree of attendance is expected from participants. If for any good reason participants are prevented from attending a session, materials will be sent by e-mail. Where possible participants are helped by meeting with other members of the group to discuss that material.

Further Commitment:

In addition to the Group Sessions and monthly Tutorial participants are asked to set aside about 8 hours for Preparation and Homework (reflection, reading, verbatims and regular meetings with two people outside the course for spiritual conversation). This does not include time to write essays (one per module) or for general reading from the recommended reading list, extra time should be factored in for this work

Since going online Study Bubbles have become a further feature of the course, small groups meeting each month to discuss homework and practice skills.

<u>Dates</u>	<u>2022</u>	<u>2023</u>
Sept	24 & 25	Jan 21 & 22
Oct	22 & 23	Feb 18 & 19
Nov	19 & 20	March 18 & 19
Dec	3 & 4	April 15 & 16
		May 20 & 21 & 28

Financial Information

The suggested donation for this course is £695. (£70 deposit on acceptance) It can be paid in stages. Bursary funding or a grant may be available - *early application is essential if you need financial assistance.* For further information please contact the ISC on 0141 354 0077 or finance@iscglasgow.co.uk

Booking Form

www.iscglasgow.co.uk/sc.html



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