

General Editor:

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Editorial

Barbara Buda (p.7) describes the 'biblical seniors' – Abraham and Sarah, Elizabeth and Zechariah, Simeon and Anna - as 'threshold people, called to embrace the inescapable challenge of growing older with realism and trust . . . [whose] age hadn't rusted their souls nor barred them from welcoming the divine spark when it came – to touch barrenness, enliven long years of widowhood, and fulfil hopes of seeing and holding salvation'.

I was struck by the word 'threshold' above, but applied to moments, as well as to people. Such moments can be clear for individuals, but, more often than not, their full significance is seen, especially at the level of society, only with hindsight and after many years. Might the word 'threshold' be appropriate for the 'moments' through which society is moving today? There are certainly many 'crises', many issues that require critical reflection and decisions, and over which there is widespread division within and between governments, social groups and faith traditions. The move to legislate in favour of same sex marriage and the ongoing global effects of the 2008 financial crisis are two examples. Decisions round such issues affect the shape of society, and conjecture about that shape often generates fear and unhelpful styles of debate.

Barbara then describes these seniors as called to embrace the 'inescapable'. While it may sound fatalistic to suggest that there is something inescapable about the direction of our society, it does seem that no amount of pressure will effect a change of course. So what does this ask of us as human beings and as believers? To be defeatist? To waste energy on continued confrontation? Or to embrace the uncertain with the realism and trust of our biblical role models, bringing to it God's values, and always sensitive to the divine spark that both touches and heals our own fears, and illuminates those unlikely places where God might be found? It could be that the future shape of society is as much affected by a reactionary approach to change as it is by change itself.



John XXIII, leader of the Catholic Church from 1958 till 1963, seems to have operated with this awareness. Unlike some of his predecessors who denounced the so-called enemies of Christianity of which there were then many, he reached out to all. He lived the 'job description' that was put to the cardinals who elected him.

. . . We need a pope gifted with great spiritual strength and ardent charity. He will need to embrace the Eastern and the Western Church. He will belong to all peoples, and his heart must beat especially for those oppressed by totalitarian persecution and those in great poverty ... May the new Vicar of Christ form a bridge between all levels of society, between all nations – even those that reject and persecute the Christian religion ... we need a pope who is above all holy, so that he may obtain from God what lies beyond natural gifts . . .

Following his example, the Church engaged positively with the modern world, making its own "the joy and hope, the grief and anguish of the men of our time" (Constitution on the Church in the Modern World, #1).

John XXIII was indeed a threshold person who embraced the future with confidence and trust in God and in God's way of engaging with the world. The announcement this week of the resignation of Pope Benedict XVI is an opportunity for the Catholic Church to recommit to being a threshold institution. Let us pray for its cardinals, that they will listen to the Spirit speaking through its members and the signs of the times, and elect the right person for the Church and the world today. We pray also that the new pope and all church and faith leaders will work together for the good of all. Finally, conscious of the contents of this newsletter, of courses, events, conferences and retreats that have already taken place or are about to take place, we are grateful to all those who provide us with opportunities for time apart with God so that we too can become threshold people.

Eileen Cassidy snd



IGNATIUS
SPIRITUALITY CENTRE
GLASGOW

A DOUBLE GOODBYE and A THOUSAND THANKS to JULIA and MARGARET

Many team changes have happened in the ISC since the end of the last programme year. Significant for us has been that two familiar faces have moved on in different ways.

Julia Ling (left) is taking some sabbatical time this year. All who have worked with Julia, either in individual spiritual direction or in the programme work of the ISC, have valued her enthusiasm and energy, especially regarding her interests in the new cosmology and the new horizons that challenge and excite us in this area. Less well known to the many visitors to the ISC has been Julia's invaluable ability to organise and help the thinking and planning of our programme and the Ignatian work to which we are all committed. In addition to the above, Julia has played a very significant part in setting up our new website. We wish Julia well for whatever future emerges from her current 'sabbath space', confident that her contribution there will be as creative as it has been here.

Another significant presence at the ISC has been Sr Margaret Fielding (above right). Margaret has been a quiet and much respected figure in the Centre over the past few years with her gentle gifts both in regular spiritual accompaniment and in directing the Spiritual Exercises of St Ignatius in daily life. Margaret



has also been part of the team who have run the Growth in Prayer and Reflective Living Course. This has been one of the most important courses in our ISC programme and its development over the past years has involved many hours of preparation and ongoing evaluation. We are grateful to Margaret for her part in that work.

Beyond the ISC, Margaret has been involved with ecumenical activities in the local community of Castlemilk where she lived.

Towards the end of last year Margaret's ministry days in Scotland came to an end when she moved back to be with her religious community in Ireland, where she is also closer to her family. Her stay there, however, will be shorter than she anticipated.

We have recently learned that Margaret will move to Brazil in January 2014 to assume responsibility for international formation. In the meantime, she will prepare for this by visiting some of the countries who will send their candidates in her direction, and she will have a foretaste of her future home when she attends her community's General Chapter in Brazil in August of this year.

We wish Margaret every blessing as she prepares for and, some months down the line, eventually settles into her new work.

- - Tom McGuinness sj



We said our official 'goodbye' to Julia and Margaret on the bonnie, bonnie, banks of Loch Lomond!

Christ Our Morning Star: Our Opening Day and A Day of Prayer for Advent with Magdalen Lawler SND



We were pleased to welcome Magdalen Lawler SND to lead the Opening Day of our programme year in early October 2012. Magdalen helped those who were present to contemplate some of the mysteries of creation and the gift of God among us through the powerful pictures of Sieger Köder, the German priest and artist. Much of her input was taken from Magdalen's recently published book, *Christ Our Morning Star*, in which Köder's paintings are woven in with her own reflections from scripture. It was an inspiring day and made a beautiful beginning of our official year.

Magdalen returned in December to lead the first of our Advent Days of Prayer using some further pictures and reflections from Sieger Köder and from her book. Once again all who were present were inspired by her very knowledgeable yet informal approach which allowed space for all to find quiet time and also to share some moving and personal thoughts and experiences together as a group. We thank Magdalen once again for these two inspiring days.

- - Tom McGuinness sj

PRAYING with the ART and INSPIRATION of SIEGER KÖDER

As suggested above by Fr Tom, the ISC 's new programme year got off to a good start with a day of reflection, led by Sister Magdalen Lawler, on the work of Sieger Köder.

My colleague, Muriel, and I eagerly made our way up Sauchiehall Street, and were pleased to leave behind the bustle of a busy Saturday morning and enter the welcoming, peaceful atmosphere of the ISC, where we joined around 25 others for the day. Refreshments over, we settled down to a very balanced day of input on selected pictures from Magdalen's new book, *Christ our Morning Star*, individual prayer time, and sharing.

Magdalen began with a short and enlightening profile of the artist's life, and then led us through a contemplation of Creation, the first picture in her book. Significant in this picture are the protecting hands of God, the supporting presence of the Holy Spirit, and two of the artist's 'signatures' – roses and corn - which are often found in his paintings. Magdalen's input was a good preparation for the individual prayer time that followed. In the quiet of the many prayer spaces in the ISC, we simply allowed the picture to speak to us. Back in the conference room, we

shared our experience with our neighbour and then fed back to the wider group. This proved to be a continuation of prayer as we were enriched by hearing how God spoke to individuals in their particular life situations, and what this had evoked in them by way of response. What a blessing!!

After an appetising lunch over which we had time to chat with old and new friends, we repeated the morning's pattern with the picture of Jesus and the Storm.

Towards the end of the day, Tom McGuinness SJ, as ISC Director, brought us up to date with ISC news, particularly with staff changes and the impact of these on the Centre. We then looked at the many opportunities for nourishment in the new programme and brought the day to a close with a short act of worship, which drew together all its threads. This was indeed a wonderful start to the new programme year. Thank you to all who made it a joy to be there.

- - Liz Clelland

Judith Irving and a Second Inspiring Advent Day



A second Advent Day was led with quiet assurance by Judith Irving who arrived from The North East of Scotland with a mysterious bag filled with sticks, cloths, and stones which she miraculously transformed into a beautiful and extensive centrepiece representing the unity of our world and the different elements within it. All who were there were moved by the stillness that was created as Judith led us through the morning into a meditation on our world and our lives. In the afternoon we were also introduced to simple and gentle movement as a way of expressing our prayer. All who were present felt that they had been at a day of quiet Advent experience and were more peace-filled and prepared for the coming time of Christmas and the turning of the year.

Thank you, Judith, for your quiet and creative inspiration!

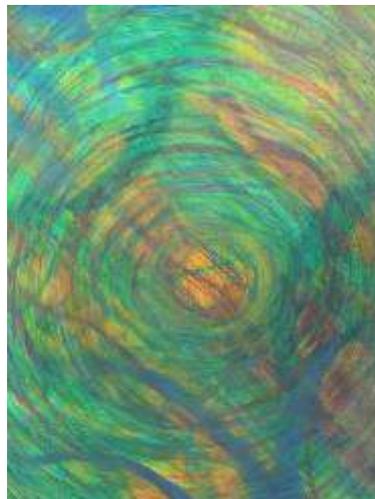
- - Tom McGuinness sj

A New Non-Residential Retreat Venture at the ISC: An Individually-Guided, Silent Weekend

A new initiative was launched at the ISC before Christmas - a silent, individually guided retreat offered on a non-residential basis. Participants came for a whole day on Saturday from 10.30 till 4.00 and returned for the same length of time on the Sunday for a second day of silent prayer.

Saturday began with an initial introduction on the theme of the weekend: 'Finding God's Dream for You'. A time of quiet prayer, using Lectio Divina, was offered in the Chapel before all moved into their own prayer time. During the morning retreatants were able to meet individually with their prayer guide so as to talk more personally about their prayer and their hopes for the weekend.

In the afternoon there was a brief introduction in the Chapel to the prayer of Reflection or 'Examen' in the Ignatian tradition. Following this, each participant once again had an opportunity for individual prayer and a meeting with their prayer guide. The day ended with a short closing prayer in the Chapel before participants left for overnight at home.



The second day was similar in style, with an introduction, this time using imaginative contemplation, time for private prayer and meetings with prayer guides.

But there was something very significant about the second day, and it was noticed by all, retreatants and prayer guides alike. All became aware that the atmosphere was tangibly deeper. It was a tribute to the generosity and prayerfulness of those who participated in the retreat that something quite noticeable happened by the fact of returning for a second quiet day.

This style of retreat is being offered once more just as this newsletter is being prepared for printing. We hope it will be as enriching and valuable a time for the current participants as it was for those who came on the retreat in November.

- - Tom McGuinness sj

Encountering God in Music and Poetry

On Saturday, 27th October, a group gathered at the ISC to spend a day praying with music and poetry. There was a variety of resources to encourage us, and a variety of approaches to engage us.

In the morning we sang, listened to instrumental music, enjoyed a song from Tom McGuinness and attempted an improvisation, with guitar and keyboard, on a short devotional song. On the poetry side, we listened to a poem being read aloud, perused a display of individual poems and accompanying pictures, and browsed a variety of poetry books to search out something new. Following a short discussion on what helps us to pray, we appreciated some quiet time to ponder what we had experienced, either through music or poetry



– or both! The sharing that followed was most enriching.

The afternoon took a quite different approach. As participants, we had been asked to bring with us poetry or music which we found significant and which helped us pray. There were many interesting and moving contributions, including poems written by some of the participants themselves. We then split into two groups, one to write a poem, the other to compose a song. This was a very rewarding part of the day.

During the final session in the chapel, the newly written poem and newly composed song received their first performance, and were appreciated by all.

- - Caroline Hunter

Enjoy Silence at the ISC ‘Drop-In’ Events

The monthly ‘drop-in’ events at the ISC continue to attract individuals, and now we have a weekly addition – ***Eat, Pray, Breathe***. This takes place at 1:00 pm each Tuesday in the chapel, and lasts for just half an hour. The idea is to provide people with an opportunity to enjoy some quiet / silence in the middle of a busy day. To help people move into their silent space, something short is offered - a prayer, a story, or music. Some people stay on to enjoy a cup of tea together afterwards. So, come along, bring a sandwich, join us in the chapel and take some time to breathe more deeply!



Johannes Vermeer, *Christ with Mary and Martha*



Our ***Taizé Evenings*** also foster silence. These last for an hour, and take place on the third Monday of each month, starting at 7:30 pm. The hour is structured around Taizé chants which are easy to learn and become background support for the periods of silent prayer between them. The rhythm of chant, silence and prayer helps create a special atmosphere that is nourishing and refreshing in its unique depth. We call these evenings ‘Taizé on the Hill’ and they are worth the climb! Come and be refreshed each month, or whenever you can manage it, with music for the soul!

For those who wish more extensive periods of silence we have ***First Friday Retreat Mornings*** on the first Friday of the month, 10:00 am till 1:00 pm. These are open to everyone. The first half of the morning has structured prayer suggestions and the second half is more flexible with a

creative option. The numbers for this have been growing over the last few years and are still growing. People seem to appreciate the opportunity for personal quiet time as well as time to share with others. One recent comment was that the atmosphere during the shared creative time was special: it was a shared reflective space which is different from time at home. The same can be said for shared silent time: it also can provide a deep experience of God in the midst of the group.



I heard on the news recently that an academic study has discovered that day-dreaming and taking time for quiet helps us in our working and personal lives. St. Ignatius of Loyola was well ahead of his time! Reflective space helps us look at life from a different angle, and I'm sure that

seeking God's guiding light together helps lift the load and give the experience of not being alone.

No booking is required for these First Friday Retreat Mornings. So come and find some quiet prayerful space. We learn so much from those who come here and we really appreciate your presence and what you share. We look forward to welcoming you.

With a more specific focus, our monthly **Carers' Afternoons**, 1:30 till 4:00 pm on the last Tuesday of the month, offer a gentle reflective space for those caring for family members at home and those caring in a professional capacity. The small faithful group feels the benefit of this personal space away from the caring situation, and during which they have time to reflect, to support and to be supported by others. We are open to hearing the needs of carers and to providing what we can to support them. Come and share your experiences or bring a friend. You will be most welcome.

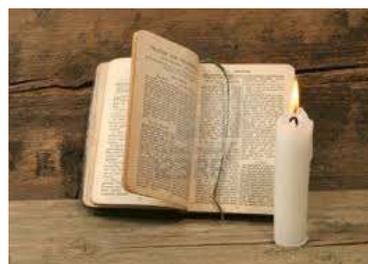
- - Jane MacKichan

A New Venture: A 'Taster Day' at the ISC

Our 'Taster Day' at the beginning of October was designed to encourage people who had never visited the ISC to come to the Centre, browse our programme, experience something of what we offer – for free! - and then to come again. We decided to put on a selection of nine workshops in the morning and to repeat them in the afternoon. This would allow people to come and go according to the time at their disposal, and to dip into between one and six workshops.

The workshops covered several aspects of prayer and stillness, including music and poetry, prayer and the body, creativity and art, journaling and the prayer of awareness, nature, prayer with scripture and the imagination. Some were more popular than others, but each attracted some interest. Some people stayed all day, while others dropped in for a while. There was a good feel to the day and this deepened as individuals got to know one another and shared their experiences, particularly over the lunch break.

This was our first 'Taster Day'. We agreed that it was a good way to start our programme year, and so we will make it a regular part of our programme. We would also like to take it beyond the ISC, So, if you know of anyone – friend or colleague – who you think might be interested in 'tasting' what we offer, show them where we are and encourage them to come along to our next ISC 'taster day' on September 14th. Or, if you belong to a group or parish who might be interested in inviting us to take our workshops to you, do feel free to invite us.



- - Jane MacKichan



EPIPHANY GROUP CONFERENCE 2012

ADAPTING to AGEING on our SPIRITUAL JOURNEY

What do Abraham and Sarah, Elizabeth and Zechariah, Anna and Simeon have in common?

Like all who attended the Epiphany Group conference, they were called to embrace the inescapable challenge of growing older with realism and trust. Age hadn't rusted their souls nor barred them from welcoming the divine spark when it came – to touch barrenness, enliven long years of widowhood, and fulfil hopes of seeing and holding salvation.

Though colloquially 'past their sell-by date', they feature prominently at turning points in scripture: we meet them experiencing the gift of new life beyond the age of expectation; we hear them, collapsed in mirth, dumbfounded, alert to wonder, ushering in the age of covenant renewal; we see them letting go, accepting their own frailty and mortality. They are threshold people, looking life in the eye, the door between past and future hanging on the hinge of present reality. Annually we are invited to strike up a conversation with these older people who gently challenge us: 'do you have faith in older people?'

So we gathered at the Gillis Centre to explore ageing on our own spiritual journey. Could we too look life in the eye with trust and realism? With the aid of an ecumenical team of gifted presenters who work together under the banner of 'Faith in Older People', we were invited to see the gift in ageing and, guided by the words of St John, to consider places 'where we might prefer not to go'.

When considering our own ageing, 'dementia' is often one of those places. While the press may hint at an inevitable Alzheimer's epidemic, actual statistics say otherwise: the prevalence of dementia in 80 to 84 year olds is 13%. And it was heartening to know that in Scotland new ways of housing and supporting people with dementia have been pioneered, particularly through the Universities of Stirling and Edinburgh. Much can



be offered that honours the whole person, despite increasing frailty.

When living alongside people with dementia, we heard how it is important to keep alive what gives them value and stability by maintaining links with personal and faith history, being alert to cues, communicating in non-verbal ways and being open to entering into the other person's world.

Conscious of our own spiritual journey, but also acutely aware of the questions and fears thrown up by the ageing process among friends, family and spiritual directees, we named and shared our hopes and fears as we contemplated growing older. Looking at end of life issues, noting our desires regarding care and medical intervention, framing our final wishes and contemplating our funeral liturgies - these certainly concentrated the mind. Regardless of where we saw ourselves on the timeline of life, this was challenging and practical, and the message was clear: we are called to live until we die, to enjoy 'a good life' in preparation for a 'good death'; and we are challenged to engage honestly with bereavement.

We left the Gillis Centre with much to reflect on by way of our own spiritual journey and in relation to how we meet people as Ignatian guides or directors. And, as with all EG conferences, the combination of prayer, social time, welcoming new faces and 'old' friends – all of these made for another encouraging and enjoyable gathering.

- Barbara Buda

Further reading:

Brian Grogan sj, *To Grow in Love: A Spirituality of Ageing*, Messenger Publications, Ireland, 2012

Kathleen Fischer, *Winter Grace*, Upper Room Books, Nashville, 1998

SIX DAYS SERIES (Epiphany Group)

The Six Days series on *Deepening Prayer and Reflection* started 'outdoors' in October with an exploration of 'Nature as Soul Friend'. Facilitated by Dave Bingham, who trained in accompaniment at the Ignatian Spirituality Centre in Glasgow and founded 'Wild Earth' (www.wildearth.org.uk), we were led into practices to (re)discover our own deep connection to Creation. We spent time outdoors at Edinburgh's nature reserve, Hermitage of Braid, renewing our relationship with the earth, slowing down, using our senses, learning to communicate intuitively with the natural world around us, and picking blackberries! Indoors we reflected together and were affirmed in our belief that nature truly benefits our physical, mental *and* spiritual well-being.



On 1st December our second day saw a different mix of 25 folk 'Praying with the Whole of our Being' - using breath, heartbeat, movement and chant in whole body prayer, bringing new awareness and expanding our ways of praying. Those of us with energy or previous experience *and* those of us who were more hesitant or limited found a new freedom during the day; many noted a sense of 'connectivity' within the group and how much *more* this made possible, as we worked with facilitator Rev Jenny Williams. If you are interested, a similar day will be held in Galloway on May 11th 2013 at www.aigfois.co.uk.



Details of the remaining days of the Six Day series are as follows:

DAYS 4-6 of the SIX DAYS SERIES

2 March: The Art of Letting Go

In a stressed-out world, can we learn to trust and go with life's flow? Using group and individual reflective exercises from different spiritual traditions, Edinburgh-based author Nick Thorpe shares the fruits of a personal journey from burnout to playful self-acceptance.

6 April: The Spirit Speaks through Poetry

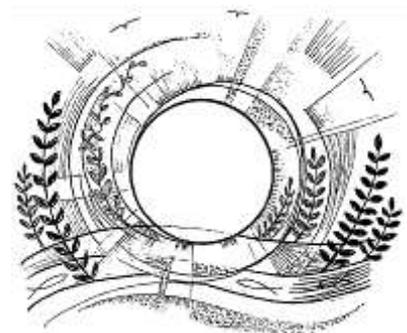
A reflective workshop exploring the transformational power of poetry and poetry making. With Valerie Gillies, published poet, spiritual director and facilitator of Creative Writing and Journalling courses at Maggie's Centre, Edinburgh; and Barbara Buda, writer, spiritual director, life coach and Epiphany Group Co-ordinator.

1 June: The Enneagram and Relationships

A follow-on day, looking at the impact each personality type has on those around us. With Lynda Wright, retreat leader and hospital chaplain. If you are unsure of, or unfamiliar with, your 'number' please contact us at sixdaysedinburgh@yahoo.co.uk for further information / Enneagram opportunities.

Each session is £25 (£15 low income/financial difficulty). Additional bursary help may be available, please ask.

Full flier and booking form available on the Epiphany Group website or email Elizabeth White at sixdaysedinburgh@yahoo.co.uk or phone 0131 552 4102



CNRS Conference: Awakening the Dawn - a Spring Conference



Photo of Whooper Swans by Chris Sperring MBE from the Conference leaflet

The Catholic Network for Retreats and Spirituality (CNRS) - the Catholic sector of the wider ecumenical Retreat Association (www.retreats.org.uk) - organises a conference each year, addressing contemporary issues relating to spirituality and retreats and giving people the opportunity to network with each other.

At a time when more and more people are aware of climate change and of the need to steward the earth's natural resources in a way that benefits all, this year's conference has as its title ***Awakening the Dawn: How to live well in our vibrant natural world.***

The conference will be led by Mary Colwell - an award-winning producer of TV, radio and internet documentaries on the natural world, a feature writer for *The Tablet*, a contributor to *Thinking Faith* and a member of the Catholic Environmental Justice Group for the Bishops'

Conference of England and Wales. Mary also has experience of leading retreat groups and conferences on the theme of God in our natural world. Bernadette Farrell, the internationally-acclaimed composer and liturgist and a familiar face at CNRS conferences, will coordinate prayer and liturgy, accompanied by Philip Jakob, Director of Music for the Catholic Cathedral and Diocese of Hallam.

The conference will take place from 19-21 April 2013 at the Hayes Conference Centre, Swanwick, Derbyshire. In the words of Fr Tom McGuinness SJ, Chair of CNRS: "We hope that many people will be able to attend this significant conference which will offer a positive and encouraging approach to the gifts and challenges of our natural world."

For more details, and a booking form see <http://cnrs.retreats.org.uk/conference.html>.

St James Parish, Renfrew (Paisley Diocese)

Fr John Eagers, parish priest of St James, Renfrew, has begun to offer retreats in daily life and quiet days of prayer for his own parishioners and those from surrounding parishes who wish to join them. For this he enlists the help of trained prayer guides.

During the current Year of Faith the parish has already hosted a quiet day of prayer and a retreat in daily life. Both were well attended and had positive feedback.

During Lent there will be the opportunity for staff in the associated secondary school to take part in a retreat in daily life, and there will be a quiet morning for prayer and reflection in the parish, as detailed below.

Quiet Morning for Prayer and Reflection

St James Parish, Renfrew

Saturday 16th March, 2013

10.00	Arrivals, Tea/Coffee
10.30	Input and Scripture with Lenten theme
11.15 - 12.30	Quiet time for prayer
12.30	Plenary gathering. Optional sharing. Closing prayer
1:00	Departures

The morning will be facilitated by Fr John Eagers and Carol Ann McLaren.

We look forward to hearing more about developments in and around the parish of St James.

READING MATERIAL

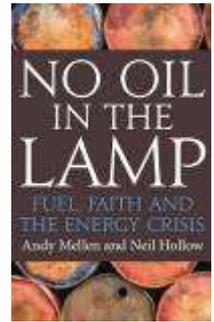
Energy has been in the news a lot recently, not much of it good: higher fuel bills and petrol prices; controversy over wind and solar power; shale gas and the energy bill; inflation, higher prices for food and material goods. What's going on? The common link is oil. Petrol prices are obviously linked to the oil price. Gas prices have tended to be linked to oil. Modern agriculture has been described as a means of turning oil into food. Very few chemicals that we commonly use are not oil derived. All this feeds into inflation – and into climate change!

For all the recent talk of unconventional oil and gas, there are general trends. (1) World energy use is rising inexorably, particularly oil demand. (2) Discoveries of conventional oil and gas peaked 40 years ago. (3) It takes energy to extract, refine and transport the fuels we use. We have to "invest" energy to get energy back. This ratio has been falling for a century. For oil it has fallen from 100:1 to a little over 10:1. This has happened as the easy-to-extract coal, oil etc. has been used up. This leads to (4), the final trend; rising prices for all energy which, we believe, will

continue - despite "fracking" and tar sands which take a lot of energy to extract.

Andy Mellen and I decided to write the book "No oil in the lamp" in response to all these challenges of food, transport, energy and materials - issues that will affect us all both in the pew and as individuals. Our aim was to ask the "right" questions for society as a whole and specifically for Christians, even if we don't claim to have all the answers. Our book looks at cutting energy use in the church and home. We also question how we will do mission and even get to church in the future. Ultimately it will be in our local communities that we tackle this problem; and so we devote a chapter to the transition movement, a new social movement set-up to do just that. We believe life is going to be much more centred on our immediate community, slower paced, less "experience" based and more contemplative: and this is no bad thing.

- - Neil Hollow



FOR REFLECTION

I am giving you me, Lord.

I am giving you me
in the twinkling of my eye
and the sadness of my sighing;
in the laughter of my heart
and the tears of my soul;
in the rhythms of my feet
and the silence of my listening.
I am giving you me.

I am giving you me
in the promises I keep
and the insults that I pardon;
in the good news that I share
and the confidences I protect;
in the remembering of gracious things
and forgetting forgiven sins.

I am giving you me, Lord.

I am giving you me
in the young ones I kneel beside
and the old ones I sit with;
in the unborn ones I pray for
and the dying ones I pray with;
in the bright ones I wave to
and the hurting ones I touch.

I am giving you me, Lord.

I am giving you me
in the meant song,
in the quiet pause,
in the special moment,
in the nod of my life to your will
and still,
I am giving you me
in the stuttered prayer
and the lingering doubt
and the dry days of the spirit
and the contradicted hopes.

I am giving you me, Lord.

*I am giving you me, my brothers
and sisters.*

*I am giving you me
in the beauty of the earth
and the ugliness of a wooden cross;
in the fullness of four seasons
and the emptiness of a garden
tomb;
in the warmth of the weak
and the rejection of the mighty;
in the company of God's people
and the solitude of a place apart;*

*And sometimes,
when a stone wall confronts
you,
I am giving you me,
praying on the other side:
Father, may the love you
have for me
be in them,
so that I may also
be in them
and they in us.*

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ANNOUNCING

Series, Events and Retreats: February – June 2013

See programmes and websites for further details. Please contact by telephone or e-mail

EPIPHANY GROUP

Training Course Coordinator
Alison Moody
Tel: 0131-229-4170
E-mail: malisonoody@hotmail.com

ISC, GLASGOW

The Administrative Secretary
Ignatian Spirituality Centre
Tel: 0141-354-0077
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Series

- Six Days Series – See page 8

Drop-In (No Booking Required)

- Taizé Evenings, Third Monday of Month, 7:30–8:30
- Retreat Mornings, First Friday of month, 10:00–1:00
- Eat, Pray, Breathe, Every Tuesday 1:00-1:30 – a quiet reflective half hour
- Carers' Renewal Afternoons, Last Tuesday of month, 1:30-4:00
- Film Night, *The Lemon Tree*. Friday, June 7th, 7:00-9:30

Series: Celebrating Vatican II (Booking Required)

- *The Church and the Media*. Guest speaker Peter Scally sj, Saturday, February 16th, 2:00–5:00
- *The Eucharist: A Vision Now Realised?* Guest speaker Right Rev Maurice Taylor, Bishop Emeritus of Galloway. Sunday, March 10th, 2:00-5:00
- *Whispers of the Spirit: The Church and the Future*. Guest speaker Gerard O'Hanlon sj, Saturday, April 13th, 2:00-5:00
- *Christian Hope in Today's World*. Guest speaker Professor Werner Jeanrond. Saturday, May 18th, 2:00-5:00
- *Reclaiming the Laity*. Dr Theodora Hawksley. Saturday, June 15th, 2:00-5:00

Events (Booking Required)

- *Encountering God through the Feminine*. Guest speaker Ali Newell, Saturday, April 20th (Full Day)
- *God, Creation and Human Becoming*. Guest speaker Julia Ling. Saturday, May 11th (Full Day)
- *Becoming Human, Becoming Dancer*. Guests Melitta Bosworth and Katy Low. Saturday, June 1st (Full Day)

Lent

- *Journeying to Jesus in Lent*. Guest presenter Magdalen Lawler snd, Saturday, March 2nd (Full Day)
- *My Kingdom Is Not of This World*. Guest speaker, Geoff Wheaton sj, Saturday, March 9th (Afternoon: 2:00-4:30)
- Retreat in Daily Life: A Lent retreat with individual accompaniment. 7 Mondays, February 11th - March 25th

Retreats

- Lent Retreat in Daily Life – See *Lent* above
- Residential 'taster' weekend retreat at the Conforti Centre, Coatbridge. Friday April 26th – Sunday April 28th
- Residential silent mid-week retreat at the Bield, Blackruthven. Tuesday May 28th – Friday May 31st
- Spring Retreat in Daily Life. Seven Thursdays, April 11th – June 25th. Individual accompaniment.

Training Course in CAPACITAR WELLNESS PRACTICES Healing Ourselves, Healing Our World

Training Weekends:

Module 1: Feb 23-24, 2013

Module 2: May 18-19, 2013

Module 3: Oct 5-6, 2013

Module 4: Feb 8-9, 2014

Venues: Bield at Blackruthven
Garden Cottage, Perth

For application form and/or further information, please contact Shirley Gillan at: capacitarscotland@gmail.com

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